

# Adult Physical Disabilities Case Studies

## **Adult Physical Disabilities**

### **Case Studies**

With thanks to Dumfries and Galloway who have provided this case study. Where names are used these have been changed to ensure anonymity.

#### **The Challenge**

John receives ongoing support from his family – they wanted to go on holiday. John wanted to be independent and did not want to have care staff doing sleep-overs. Family were concerned as John is prone to falls and had been known to fall asleep in the toilet, where the majority of his falls occur. John has had a positive experience of care call and had enquired about a permanent care call button in the bathroom.

#### **The Solution**

The Telecare package installed included a bed sensor which was adjusted to accommodate John's routine.

#### **The Outcome**

John was initially concerned as he thought that the level of monitoring would impose a routine upon him, however once he was assured that he would be contacted first to check if there was a problem he appreciated that he would remain in control of his own actions. John and his family felt more relaxed and appreciated the benefit of the sensor. Despite the family's initial preference for a sleepover, John's wishes for independence were granted and proved hugely beneficial. John has more confidence of the system and the bed sensor has been retained.

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*Dumfries and Galloway*

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**With thanks the various partnerships for providing  
this information**